



For Immediate Release
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Clare Gallery new exhibit *Angels in the Dark*

Hartford, CT — Clare Gallery’s new exhibition, *Angels in the Dark*, from October 20 to December 1, highlights the creative, spiritual, and healing work of George Herrick. Herrick’s “Lasua” series is a direct expression of his experience dealing with cancer. When he was diagnosed, Herrick fell into darkness, feeling defenseless as he confronted the disease. Through his treatment journey, however, he discovered compassion and support, gaining deep insight into “angels” of creativity.

Herrick’s painting process helped him move from the depths of fear into hope, as well as informing his recovery from addiction and depression. In his process of painting, he let his hands be guided by the spirit inside him, allowing his cancer to wield the brush in whatever way it wished. Uncertain at first, he remained committed to the process. One single theme emerged: supportive angels, as healers, guiding him to wellness. In total, 35+ paintings were created. Each painting has a story that can be read as a meditation. Some stories are short, while others are longer. As the series progressed, it initially became darker then later re-emerged into the light. The Clare Gallery is exhibiting about a dozen paintings from the large number of works in the series. As Herrick says, “I travelled from naive to lost to awakened.”

Join George Herrick for an in-person artist talk on Thursday, October 27, 7–8:30 pm, and a virtual talk on Wednesday, November 9, 7–8 pm.

The paintings are not to be understood as realistic interpretations, but as visual emotions. They are to be felt. Herrick hopes his audience can view his paintings and the accompanying words from their own perspective, allowing his images and stories to generate profound experiences.

George Herrick is an artist, life coach, shamanic practitioner, and author. His book, *Stone Warrior*, is filled with images, words and poetry that target the darkest moments in life and how to rise up to meet life’s challenges. Herrick creates incredible stone works in the natural landscape, then couples them with practices and inspiration, to provide the reader with tools to transform creatively. Herrick is passionate about celebrating creativity and is committed to helping others find their authentic selves. Herrick facilitates education programs, retreats and workshops. You can find out more at his websites: SoulDeep-Living.com and angelsinthedark.net.

The Clare Gallery primarily features exhibitions that emphasize world religions or interfaith themes, as well as social justice themes, on either a global or local level. The Gallery is housed in the Franciscan Center for Urban Ministry at 285 Church Street, Hartford, CT. The Center is part of St. Patrick – St. Anthony Church, a vibrant and active downtown faith community.

The Clare Gallery’s hours are from 9 a.m. to 4 p.m. Mondays through Saturdays, and Sundays from 9 to 11:30 a.m. The Gallery is open to the public. Free parking is available directly across from the church, and the facility is handicapped accessible. Masks are recommended for entry.