Prayer for Spiritual Communion

Lord Jesus Christ, we believe that you are present in the Bread and Wine of the Eucharist.

We love you above all things, and we desire to receive you in this sacrament, but since we cannot do so at this moment, come to us spiritually into our hearts.

As the disciples did at Emmaus, we recognize you in the breaking of the bread.

We unite ourselves entirely to you, and we pray that we may never be separated from you.

Amen.